



Australian Government
Department of Health and Ageing

RURAL HEALTH

EDUCATION FOUNDATION



Feeling the Heat: Managing Menopause

Live Satellite Broadcast
Tuesday 13th September, 2011
8.00pm (AEST)

Available for viewing online
from Monday 19th September

www.rhef.com.au

Complete the form overleaf to
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Oprah Winfrey says it caught her "off-guard".

Menopause is a natural transition and needs to be managed within the context of other life changes at the time. The experience will be different for each woman. While 20% of women have few or no specific reactions, many others will experience a range of symptoms.

Appropriate and comprehensive management of menopause with effective patient education can make a significant difference to a woman's quality of life and health status.

The key message for General Practitioners and other primary health care professionals is to stay 'on guard' and be aware of the range of factors impacting on a woman's experience of menopause.

Presenters:

Chair: **Dr Norman Swan**

Presenter of the *Health Report* on ABC Radio National and *Tonic* on ABC 24 TV

Mrs Jenny Bath

Women's Health Nurse, Tamworth Community Health Centre, NSW

Dr Christine Read

Sexual Health Physician, Lismore, NSW

Ms Dimitra Tsucalas

Community Pharmacist, Ascot Vale, VIC

Dr Elizabeth Gallagher

Obstetrician and Gynaecologist, Deakin, ACT



Visit a satellite viewing site:

Live: Tuesday 13th September
8.00pm - ACT/NSW/QLD/VIC/TAS
7.30pm - NT/SA
6.00pm - WA

Repeat: Friday 16th September
12.30pm - ACT/NSW/QLD/VIC/TAS
12.00pm - NT/SA
10.30am - WA

For viewing locations

<http://www.rhef.com.au/viewing-sites/>

Accredited with ACRRM, RACGP, RCNA & APA. CPD points also available from other professional organisations.





Feeling the Heat: Managing Menopause

Program 1114

Free DVD Fax Back Form

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(one copy or set per individual or organisation).

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